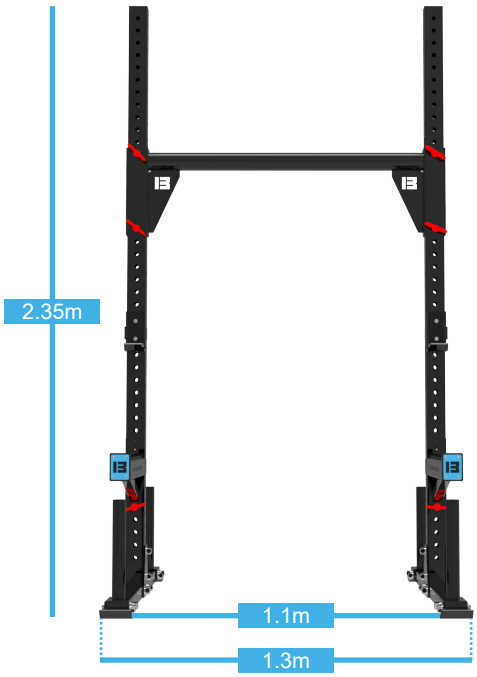
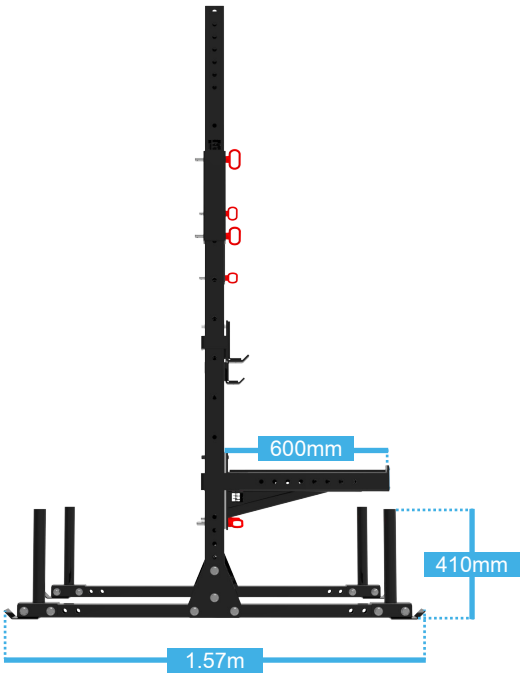
CORE Yoke Squat





Description

Our Core range live up to their name, by being at the Core of what every gym needs.
In Strongman and Powerlifting training there are a few essential movements that each athlete must master. Bench press, Overhead Press, Squats, Deadlifts, Yoke walks, loaded carries. The CORE Yoke/Squat brings all those movements into one convenient piece of equipment. With fully adjustable cross bar, fully adjustable j-hooks and fully adjustable safeties, the CORE Yoke/Squat is a all in one solution to strongman and powerlifting training. The weight pins on either side are also removeable. To add some further convenience the whole unit can be taken apart for easy storage.
Built Strong as only Bench Fitness can, the Core Yoke/Squat will take whatever you can throw at it for years to come.

CNC 17mm laser cut holes (50mm hole spacing)

Safety Arm 2.0 included

Hardware and tools included for assembly

Features

- 10 year structural warranty
- Matt Black Powder Coat
- Core J Hooks included
- Removable weight pins included

Specifications

Material:	75 x 75 Tube
Length:	1.57M
Height:	2.35M
Width:	1.3M
Weight:	102KG